

United Health Foundation Releases America's Health Rankings Health of Women Who Have Served Report

On Nov. 2, United Health Foundation released the America's Health Rankings® *Health of Women Who Have Served Report*. This report, created in partnership with the Military Officers Association of America (MOAA), establishes a baseline portrait of the health of women who have served on active duty in the U.S. Armed Forces, as compared to women without military service. The report builds on the 2016 America's *Health Rankings Health of Those Who Have Served Report*, and provides a national assessment of the health of women who have served using publicly available data.

Among the report's key findings:

- Women who have served are more likely to self-report being in very good or excellent health than civilian women.
- Despite reporting better overall health, women who have served are more likely to face mental health challenges, including higher rates of depression and suicidal thoughts.
- Women who have served also have higher rates of several chronic diseases than their civilian counterparts, including arthritis, cancer and heart disease.

This new report builds on United Health Foundation's ongoing efforts to support the health of military service members, veterans and their families by providing new insights on opportunities to improve the health of women who have served.

Please refer to the enhanced America's Health Rankings [website](#) for additional tools, resources, and data.

